

ORDER FORM

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KEEP UP TO DATE WITH NEWS & UPDATES BY SIGNING UP TO OUR MAILING LIST VIA OUR WEBSITE. OR TICK THIS BOX & WE'LL DO IT FOR YOU:	DELIVERY CHARGES:	AREA 1 £3	AREA 2 £5	AREA 3 £10	MINIMUM ORDER VALUE FOR ALL DELIVERIES & COLLECTION IS £15
PLEASE REFER TO OUR GUIDE FOR SHOPPI	NG & ORDE	ERING OF	TIONS O	N OUR W	EBSITE
ALL PRICES & WEIGHTS	ARE SUBJE	ECT TO C	HANGE		
ESSENTIAL VEG BAG £9	LOCAL SE	ASONAL VEG	BAG £17		
8 Carrots, 8 King Edward potatoes, 3 onions, 1 garlic bulb, 1 spring cabbage, 1 head of broccoli.	<pre>1kg New Potatoes, 1 250g bundle asparagus, 3 courgettes, 2 sweetcorn husks, 2 seasonal surprises</pre>				

SALAD BAG £10

2 strands Cherry vine tomatoes, pack of 2 little gem lettuce, mixed baby leaf salad bag, 1 cucumber, 1 bunch spring onions, 1 bunch of radishes

Qty

Qty

Qty

SEASONAL FRUIT BAG £13

Strawberry punnet, raspberry punnet, 3 flat peaches, 3 nectarines, blueberry punnet, Galia melon

Qty

MEDITERRANEAN VEG BAG £9

1 Aubergine, 2 courgettes, 2 red onions, 2 red chillis, 2 red peppers, 1 garlic bulb, 4 vine tomatoes.

Qty

FRUIT & VEG EXTRAS - PLEASE ADD ANYTHING NOT LISTED ON THE BLANK SECTION OVERLEAF				
ITEM	PRICE Q	QTY ITEM	QTY	
Local Asparagus Bunch, approx 250g	£3.75/ea	Lime, each 40p/ea		
Local New potatoes (per kg)	£3.75/kg	Lemon, each 45p/ea		
Baking Potatoes (each)	£1.35/kg	Galia Melon (each) £1.00/ea		
Sweet Potatoes (each)	£2.50/kg	Strawberries (large punnet 450g) £2.95/ea		
Sweetcorn Husks (each)	£1.00/ea	Raspberries (small punnet) £1.35/ea		
Cup mushrooms (per kg)	£3.15/kg	Blueberries (per punnet) £1.90/ea		
Radishes (per bunch)	70p/ea	Bananas (per kg) £1.65/kg		
Heritage Tomatoes (per kg)	£9.00/kg	Large oranges (each) 60p/ea		
Vine tomatoes (each)	£1.50/kg	Best Eating Apples (per kg) £2.25/kg		

MILK & DAIRY	PRICE	QTY
Hinxden Milk 2 litre semi/whole	£2.19	
Hinxden Milk 2 pints skimmed/semi/whole/channel	£1.49	
Rude Health coconut milk 11tr	£2.95	
Oatley oat milk 1ltr	£2.45	
Butter, lightly salted (each)	£1.95	
Hinxden Double Cream large 284ml	£1.95	
Hinxden Crème Fraiche 220ml	£1.95	
Free range eggs (large) 1/2 Doz	£1.75	
Tims Dairy Greek style yoghurts 450g Natural/Honey/Raspberry	£2.25	
Tims Dairy Greek style yoghurts 175g Natural/Honey/Raspberry	£1.10	

CHEESE	PRICE	QTY
Aged Parmesan Wedge 150g	£5.95	
Mozzerella Ball 125g	£1.95	
Alsop & Walker Sussex Brie wedge 250g	£5.50	
Manchego, approx 200g	£6.40	
Traditional Cheese Co. Burwash Rose, approx 250g	£7.00	
Alsop & Walker Mayfield Swiss wedge 250g	£6.00	
High Weald Dairy Brighton Blue Wedge 125g	£3.25	
Mature cheddar cheese 300g	£4.50	
Zingiberri salt & pepper crackers 240g (wheat free)	£2.85	
Peters Yard sourdough crisp bread original crackers 200g	£3.95	

BREAD	PRICE	QTY
Bread large loaf white /wholemeal/gran	£2.10	
Sourdough large	£3.90	
Seeded sourdough	£3.10	
White Knot seeded Rolls, bag of 5	£2.25	
Pugiliese, large	£3.60	
Sussex Flute	£1.25	
Belle and Wilde Original Gluten Free Bread 400g (frozen)	£4.20	
Belle and Wilde Super Seedy Gluten Free Bread (frozen)	£4.20	

BREAKFAST PRICE QTY Innocent smooth orange juice 900ml £2.80 Whole Earth Cornflakes 375g £2.75 Infinity Super Museli lkg £5.30 Infinity Jumbo Oatflakes lkg £3.00 Rolla Granola Maple and Pecan (sugar free)350g Rolla Granola Zesty caveman (sugar free)350g Rolla Granola Zesty caveman (sugar free)300g Infinity Gluten Free Berry Flakes £2.50 HOT DRINKS PRICE QTY Eggs to Apples Coffee Filter/Cafetiere/beans/Espresso 250g Tea Direct 80 tea bags £3.65 Joe's Tea Earl Grey 15 bags £4.35 Pukka Tea Lemon, Ginger and Manuka 20 £2.95 Pukka Tea Lemon, Mint Refresh 20 bags £2.95 Pukka Tea Lemon, Revitalise 20 bags £2.95 Hot Chocolate Divine 400g £4.75 SOFT DRINKS PRICE QTY Fever Tree Indian tonic water 500ml £2.25 Fever Tree light Indian tonic water 500ml £2.25 Fever Tree light Indian tonic water 500ml £2.25 Fever Tree light Indian tonic water £2.25 Rocks blackcurrant squash £3.95 Eggs To Apples Apple Juice 75cl £2.75 Pip Juices box of 4x180ml Apple £5.25 Fip Juices box of 4x180ml Strawberry £3.25 BAKING PRICE QTY Wessex Mill Self Raising Flour 1.5 kg £1.85 Doves Baking Powder 130g £1.65 Doves Gluten Free Flain White Flour 1.6 kg Doves Spelt Wholemeal 1kg £2.85	Bread 400g (frozen)	£4.20	
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Flour 1.5 kg Doves Baking Powder 130g £1.65 Doves Corn Flour 110g Doves Bicarb of Soda 200g Doves Gluten Free Plain White Flour 1kg Doves Spelt Wholemeal 1kg £2.85		£1.85	
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1kg £2.30 Doves Spelt Wholemeal 1kg £2.85		£1.65	
		£2.30	
Dried Veset 50g	Doves Spelt Wholemeal 1kg	£2.85	
Direct reast 309 £2.93	Dried Yeast 50g	£2.95	

ALFRESCO DINING	PRICE	QTY
DON'T FORGET TO CHECK OUT OUR PICNIC H	AMPERS ON	PAGE 4!
Me Too Houmous 250g	£2.40	
House creamy classic coleslaw 250g	£3.00	
House Asian Spicy coleslaw 250g	£3.00	
Cream cheese tub, 200g	£2.50	
Sour Cream tub, 200g	£1.99	
Duck Pate, 120g	£3.25	
Asparagus pate, V, VG 120g	£3.25	
Chicken liver pate with pork & brandy 120g	£3.25	
Free range Moons Green marmalade ham sliced, approx 250g	£5.50	
Free range Moons Green pepperoni sliced 100q	£3.75	
Free range Moons Green fennel saucisson 100g	£3.75	
Free range Moons Green rosemary & garlic saucisson 100g	£3.75	
Adlington Sliced roast beef 125g	£4.10	
Adlington Sliced smoked turkey 125g	£3.85	
Hand raised pork pie (serves 2)	£5.50	
Large hand made classic or veggie scotch egg (each)	£3.25	
Fresh Quiche Lorraine (serves 4)	£6.95	
Weald Smokery smoked salmon (Approx.100g)	£6.25	
Brindisa Gazpacho 11tr	£4.25	
Greek salad with orzo 250g (min 2 day shelf life)	£3.25	
Cauliflower & chickpea salad V, VG 250g (min 2 day shelf life)	£3.25	
Potato & chorizo salad 250g (min 2 day shelf life)	£3.25	
Roasted vegetable couscous salad 250g V, VG (min 2 day shelf life)	£3.25	

FISH & MEAT	PRICE	QTY
DON'T FORGET TO CHECK OUT OUR BBQ HAMP	ER ON PAGE	4!
F/Range marinated 1/2 chicken with mediterranean herbs or piri piri	£8.00	
F/Range marinated drumsticks with mediterranean herbs or piri piri	£3.00	
Garlic Wood Farm steak mince approx 500g	£5.00	
Garlic Wood Farm steak burgers pack of 2	£4.00	
Free range back bacon, smoked or unsmoked, approx.200g/4 rashers	£4.25	
Whole Free Range chicken	£14.00	
Free Range chicken breasts x 2	£7.25	
Free range Chicken thighs x 4	£6.25	
Garlic Wood Farm Sussex Sausages, free range, 375g approx.	£4.00	
Garlic Wood Farm free range pork chipolatas, approx 350g	£4.00	
Fresh Fish Cakes (4 per pack)	£6.95	
Cod (2 fillets)	£6.99	
Smoked Haddock (2 fillets)	£6.95	
Sea Bass (2 Fillets)	£6.85	
Loch Duart Salmon (2 Fillets)	£8.50	

STORE CUPBOARD	PRICE	QTY
Paynes runny honey 340g jar	£7.50	
Sussex Valley ceasar dressing 240g	£3.75	
Sussex Valley Ionian vinaigrette 230g	£3.45	
Olive Oil 500ml	£13.95	
Sunflower Oil 1 litre	£2.95	
Sussex Valley Classic mayo	£3.25	
Penne Pasta 500g	£1.50	
Spaghetti 500g	£1.75	
Seggiano Arrabbiata pasta sauce 350g	£2.95	
Seggiano Basil pasta sauce 350g	£2.95	
Seggiano Marinara pasta sauce 350g	£2.95	
Seggiano Puttanesca pasta sauce 350g	£2.95	
Seggiano Basil Pesto 200g (vegan)	£6.25	
Infinity Arborio Rice 500g	£2.35	
Infinity Basmati rice 500g	£2.60	
Infinity Wild Rice mix £3.20	£3.20	
Infinity Cous Cous 450g	£1.60	
Al Fez Morrocan Spiced Couscous 200g	£1.75	
Mutti Chopped tomatoes 400g	£1.20	
Mutti Passata 700g jar	£2.15	
Mutti Tomato Puree 135g	£1.35	
La Bio Idea kidney beans 400g	£1.25	
La Bio Idea butter beans 400g	£1.25	
La Bio Idea cannellini beans 400g	£1.25	
La Bio Idea chick peas 400g	£1.25	
Kallo organic stock cubes 60g Beef	£2.25	
Kallo organic stock cubes 60g Chicken	£2.25	
Kallo organic stock cubes 60g Vegetble	£2.25	
HOUSEHOLD ESSENTIALS	PRICE	QTY
Ecover Concentrated bio laundry detergent 1.51	£9.50	
Ecover multi action spray 500ml	£3.40	
Ecover washing up liquid lemon & aloe 450ml	£2.40	
Ecover Zero hand wash 250ml	£3.50	
Black bin liners 50% recycled, 8/roll.	£1.75	
Compostable food waste bags 43x39cm, 30/pack	£5.50	
Compostable Tall kitchen bags 61x64.5cm 12/pack	£5.50	
Compostable Sponge cloths, 100%	£4.50	
natural. 5/pack. Machine washable Ecoleaf recycled kitchen towels, 2/pack	£2.00	
natural. 5/pack. Machine washable Ecoleaf recycled kitchen towels, 2/pack Compostable unbleached Parchment	£2.00	
natural. 5/pack. Machine washable Ecoleaf recycled kitchen towels, 2/pack		
natural. 5/pack. Machine washable Ecoleaf recycled kitchen towels, 2/pack Compostable unbleached Parchment baking paper 19.8m x 33cm Aluminium kitchen foil 100% recycled	£4.75	

FROZEN	PRICE	QTY
Simply Ice Cream strawberry Vanilla/Chocolate/Honeycomb 500ml	£5.75	
Frozen Peas 600g	£3.15	
Good Life Mushrooom and Spinach Kiev 250g	£3.50	
Good Life Falafel 280g (vegan)	£2.59	
Good Life Parsnip, Carrot & Nut burgers 320g (vegan)	£2.59	
Strong Roots Sweet Potato Fries 500g	£3.99	
Strong Roots Proper Chips 500g	£3.99	
BOOZE	PRICE	QTY
Expression Du Terroir Sauvignon Blanc	£9.95	
Chapel Down Flint Dry 75cl	£15.50	
Chapel Down English Rose 75cl	£15.50	
Terre de Mistral Cote du Rhone 75cl	£11.50	
Italian Tommolo Montepulciano 75cl (organic)	£13.25	
Moulin de Gassac Languedoc Rose 75cl	£10.50	
Prosecco Frizzante Ville Darfanta	£11.50	
Oxney Classic English Sparkling 75cl	£35.00	
Oxney N/V English Sparkling 75cl	£26.50	
Oxney English Sparkling Cider 75cl	£15.95	
Hastings 1066 Gin 70cl	£42.50	
Curious Brew 330ml	£2.25	
Curious IPA 330ml	£2.25	
Long Man Long Blonde 500ml	£2.75	
Long Man Best Bitter 500ml	£2.85	
Long Man American Pale Ale 500ml	£2.95	
Gun Brewery Numb Angel Lager 330ml	£2.40	
Gun Brewery Scaramanga 330ml (Vegan/GF)	£2.65	
Turners Medium / Elderflower / Rhubarb Cider 500ml	£3.75	
TREATS	PRICE	QTY
Brown Bag Crisps 120g Salted/Salt&Vinegar/Cheese&Onion	£2.25	
Eat Real Hummus Crips Tom&Basil 135g	£2.30	
Eat Real Lentil Crisps Chilli&Lemon	£2.30	
Moon's Green Beer Sticks, approx 6 sticks per pack	£4.95	
Brindisa Salted Marcona Almonds 150g	£5.25	
Perello Olives Gordal 150g	£2.25	
Sarah Hall Gluten Free Brownies, pack of 4	£5.95	
Sarah Hall Home Made Flapjack squares, approx.12/pack	£2.25	
Sarah Hall Home Made lemon drizzle 11b loaf cake	£4.50	
Zingiberri Oat Gluten Free cookies 240g	£3.25	
Zingiberri Oat & Raisin cookies 240g	£3.25	
CHOCOLATE	PRICE	QTY
Cocoba Raspberry Truffles 175g	£6.95	
Cocoa Loco Organic Chocolate buttons	£2.20	
Montezumas Milk Chocolate Bar 100g	£2.95	
Montezumas Dark Chocolate Bar 100g	£2.95	
Om Bar 72 % (dairy free) 35g	£2.25	

FOODIE HAMPERS FOR PICNICS BBQ'S & ALFRESCO DINING

PICNIC BOX FOR TWO	PRICE	QTY
A square quiche lorraine, 1 classic scotch egg, sussex charmer 200g, a sussex flute, cherry vine tomatoes, Hastings ale chutney & a handful of mixed salad leaves.	£18	

VEGETARIAN PICNIC BOX FOR TWO	PRICE	QTY
A square vegetable & feta quiche, 1 vegetabularian scotch egg, a wedge of sussex brie, a sussex flute, cherry vine tomatoes, Hastings ale chutney & a handful of mixed salad leaves.	£18	

VEGAN PICNIC BOX FOR TWO	PRICE	QTY
A pot of Me Too Humous, roasted vegetable cous cous, a pot of Asian coleslaw, a sussex flute, carrot sticks, mixed olives & a handful of mixed salad leaves.	£18	

ETON MESS DESSERT BUNDLE	PRICE	QTY
4 Sarah Hall squidgey meringues, 1 large hinxden double cream, a punnet of English strawberries	£9	

BBQ BOX	PRICE	QTY
4 Salt & pepper steak burgers, with Mayfield Swiss cheese for melting. 5 Caramelised onion & balsamic sausages. Greek salad with orzo 250g. House coleslaw 250g. Sussex flute. 4 burger buns. 2 corn on the cob.	£30	

BREAKFAST HAMPER	PRICE	QTY
1 pack of Garlic Wood Farm free range bacon, 1/2 dozen free range eggs, large sliced white brown or granary loaf, 1 box Rolla Granola, large pot of Hinxden natural yogurt, seasonal fruit, large bottle of local apple juice, a pack of butter & a jar of local jam or marmalade	£30	

LOCAL HERO CHEESE BOX	PRICE	QTY
Local Hero Cheese Box. Mayfield Swiss 250g, Brighton Blue 200g, Burwash Rose 200g, Sussex Brie 200g, Old Sussex 200g. 2 packs captains crackers. Ouse Valley chutney.	£40	

NIBBLE BOX	PRICE	QTY
1 pot silver & green Nocerella olives, a large bag of brown bag salted crisps, 1 box Seggiano grissini, 1 pot Me Too houmous, 1 pot tzatziki.	£15	

MAKE SOMEONE SMILE EGGS TO APPLES GIFT BOX	PRICE	QTY
Give someone a box of goodies to make them smile. Eggs To Apples Apple juice. Joes Tea Bags. Zingiberri cookies. Cocoba Truffles. A punnet of English strawberries. In a cellophane wrapped tray with a gift card.	£25	

ADD ANY EXTRAS BELOW & WE'LL DO OUR BEST TO FIND THEM FOR YOU.		
WE OFFER A BROAD RANGE OF OTHER ITEMS NOT LISTED ABOVE		
	QTY	QTY