

# ORDER FORM

| DATE:   | COLLECTION   | N DATE or I | DELIVERY AD | DRESS: |  |
|---|--|-------------|-------------|--------|--|
| NAME:   |  |             |             |        |  |
| TEL NO:   |  |             |             |        |  |
| EMAIL ADDRESS:  |  |             |             |        | _                                      |
| KEEP UP TO DATE WITH NEWS & UPDATES BY SIGNING UP TO OUR  | DELIVERY   | AREA 1      | AREA 2      | AREA 3 | MINIMUM ORDER VALUE                    |
| MAILING LIST VIA OUR WEBSITE. OR TICK THIS BOX & WE'LL DO IT FOR YOU:                             | CHARGES:   | £3          | £5          | £10    | FOR ALL DELIVERIES & COLLECTION IS £15 |
| PLEASE REFER TO OUR GUIDE FOR SHOPPIN   | IG & ORDI  | ERING OF    | TIONS O     | OUR W  | EBSITE                                 |
| ALL PRICES & WEIGHTS A  | ARE SUBJE  | ECT TO C    | HANGE       |        |  |
| ESSENTIAL VEG BAG £9  | LOCAL SEASONAL VEG BAG £17   |             |             |        |  |
| 8 Carrots, 8 King Edward potatoes, 3 onions, 1 garlic bulb, 1 spring cabbage, 1 head of broccoli. | 1kg New Potatoes, 1 250g bundle asparagus, 3 courgettes, 2 sweetcorn husks, 2 seasonal surprises |             |             |        |  |

#### SALAD BAG £10

 ${\tt 2}$  strands Cherry vine tomatoes, pack of  ${\tt 2}$  little gem lettuce, mixed baby leaf salad bag, 1 cucumber, 1 bunch spring onions, 1 bunch of radishes

Qty

Qty

## SEASONAL FRUIT BAG £13

Strawberry punnet, raspberry punnet, 3 flat peaches, 3 nectarines, blueberry punnet, Galia melon

Qty

Qty

#### MEDITERRANEAN VEG BAG £9

1 Aubergine, 2 courgettes, 2 red onions, 2 red chillis, 2 red peppers, 1 garlic bulb, 4 vine tomatoes.

Qty

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|------------------------------------|--------------------|--|----------|
| ITEM                               | PRICE QTY          | ITEM   | QTY      |
| Local Asparagus Bunch, approx 250g | £3.75/ea           | Lime, each                                   | 40p/ea   |
| Local New potatoes (per kg)        | £3.75/kg           | Lemon, each                                  | 45p/ea   |
| Baking Potatoes (each)             | £1.35/kg           | Galia Melon (each)                           | £1.00/ea |
| Sweet Potatoes (each)              | £2.50/kg           | Strawberries (large punnet 450g)             | £2.95/ea |
| Sweetcorn Husks (each)             | £1.00/ea           | Raspberries (small punnet)                   | £1.35/ea |
| Cup mushrooms (per kg)             | £3.15/kg           | Blueberries (per punnet)                     | £1.90/ea |
| Radishes (per bunch)               | 70p/ea             | Bananas (per kg)                             | £1.65/kg |
| Heritage Tomatoes (per kg)         | £9.00/kg           | Large oranges (each)                         | 60p/ea   |
| Vine tomatoes (each)               | £1.50/kg           | Best Eating Apples (per kg)                  | £2.25/kg |

| MILK & DAIRY  | PRICE | QTY |
|---|-------|-----|
| Hinxden Milk 2 litre semi/whole                                 | £2.19 |     |
| Hinxden Milk 2 pints<br>skimmed/semi/whole/channel              | £1.49 |     |
| Rude Health coconut milk 11tr                                   | £2.95 |     |
| Oatley oat milk 1ltr  | £2.45 |     |
| Butter, lightly salted (each)                                   | £1.95 |     |
| Hinxden Double Cream large 284ml                                | £1.95 |     |
| Hinxden Crème Fraiche 220ml                                     | £1.95 |     |
| Free range eggs (large) 1/2 Doz                                 | £1.75 |     |
| Tims Dairy Greek style yoghurts 450g<br>Natural/Honey/Raspberry | £2.25 |     |
| Tims Dairy Greek style yoghurts 175g<br>Natural/Honey/Raspberry | £1.10 |     |

| CHEESE  | PRICE | QTY |
|---|-------|-----|
| Organic Parmesan Wedge 150g                                 | £5.50 |     |
| Mozzerella Ball 125g  | £1.95 |     |
| Alsop & Walker Sussex Brie wedge 250g                       | £5.50 |     |
| Manchego, approx 200g                                       | £6.40 |     |
| Traditional Cheese Co. Burwash Rose, approx 250g            | £7.00 |     |
| Alsop & Walker Mayfield Swiss wedge<br>250g                 | £6.00 |     |
| High Weald Dairy Brighton Blue Wedge 125g                   | £3.25 |     |
| Mature cheddar cheese 300g                                  | £4.50 |     |
| Zingiberri salt & pepper crackers<br>240g (wheat free)      | £2.85 |     |
| Peters Yard sourdough crisp bread<br>original crackers 200g | £3.95 |     |

| BREAD   | PRICE | QTY |
|---|-------|-----|
| Bread large loaf white /wholemeal/gran                      | £2.10 |     |
| Sourdough large   | £3.90 |     |
| Seeded sourdough  | £3.10 |     |
| White Knot seeded Rolls, bag of 5                           | £2.25 |     |
| Pugiliese, large  | £3.60 |     |
| Sussex Flute  | £1.25 |     |
| Belle and Wilde Original Gluten Free<br>Bread 400g (frozen) | £4.20 |     |
| Belle and Wilde Super Seedy Gluten<br>Free Bread (frozen)   | £4.20 |     |

| BREAKFAST PRICE QTY  Innocent smooth orange juice 900ml £2.80  Whole Earth Cornflakes 375g £2.75  Infinity Super Museli lkg £5.30  Infinity Jumbo Oatflakes lkg £3.00  Rolla Granola Maple and Pecan (sugar free)350g  Rolla Granola Zesty caveman (sugar free)350g  Rolla Granola Zesty caveman (sugar free)300g  Infinity Gluten Free Berry Flakes £2.50  HOT DRINKS PRICE QTY  Eggs to Apples Coffee Filter/Cafetiere/beans/Espresso 250g  Tea Direct 80 tea bags £3.65  Joe's Tea Earl Grey 15 bags £4.35  Pukka Tea Lemon, Ginger and Manuka 20 £2.95  Pukka Tea Lemon, Mint Refresh 20 bags £2.95  Pukka Tea Lemon, Revitalise 20 bags £2.95  Hot Chocolate Divine 400g £4.75  SOFT DRINKS PRICE QTY  Fever Tree Indian tonic water 500ml £2.25  Fever Tree light Indian tonic water 500ml £2.25  Fever Tree light Indian tonic water 500ml £2.25  Fever Tree light Indian tonic water £2.25  Rocks blackcurrant squash £3.95  Eggs To Apples Apple Juice 75cl £2.75  Pip Juices box of 4x180ml Apple £5.25  Fip Juices box of 4x180ml Strawberry £3.25  BAKING PRICE QTY  Wessex Mill Self Raising Flour 1.5 kg £1.85  Doves Baking Powder 130g £1.65  Doves Gluten Free Flain White Flour 1.6 kg  Doves Spelt Wholemeal 1kg £2.85 | Bread 400g (frozen)                                       | £4.20 |     |
|---|---|-------|-----|
| Innocent smooth orange juice 900ml £2.80  Whole Earth Cornflakes 375g £2.75  Infinity Super Museli 1kg £5.30  Infinity Jumbo Catflakes 1kg £3.00  Rolla Granola Maple and Pecan (sugar free) 350g  Rolla Granola Zesty caveman (sugar free) 300g  Infinity Gluten Free Berry Flakes £2.50  Infinity Gluten Free Berry Flakes £2.50  HOT DRINKS  Eggs to Apples Coffee Filter/Cafetiere/beans/Espresso 250g  Tea Direct 80 tea bags £3.65  Joe's Tea Earl Grey 15 bags £4.35  Pukka Tea Lemon, Ginger and Manuka 20 bags  Pukka Tea Lemon, Mint Refresh 20 bags £2.95  Pukka Tea Lemon, Revitalise 20 bags £2.95  Hot Chocolate Divine 400g £4.75  SOFT DRINKS  PRICE QTY  Fever Tree Indian tonic water 500ml £2.25  Fever Tree light Indian tonic water 500ml £2.25  Fentimans Ginger beer 750ml £3.65  Belvoir Elderflower cordial £4.95  Rocks blackcurrant squash £3.95  Eggs To Apples Apple Juice 75cl £2.75  Pip Juices box of 4x180ml Apple £5.25  Pip Juices box of 4x180ml Apple £5.25  Fip Juices box of 4x180ml Strawberry £8 Banana £5.75  Folkingtons Cans Lemon £ mint / elderflower/rhubarb £ apple 250ml £1.25  BAKING  PRICE QTY  Wessex Mill Plain Flour 1.5 kg £1.85  Wessex Mill Strong White Bread Flour Flour 1.5 kg  Doves Baking Fowder 130g £1.65  Doves Corn Flour 110g £1.90  Doves Bloave Spelt Wholemeal 1kg £2.85  | Belle and Wilde Super Seedy Gluten<br>Free Bread (frozen) | £4.20 |     |
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| Infinity Jumbo Oatflakes 1kg  | Whole Earth Cornflakes 375g                               | £2.75 |     |
| Rolla Granola Maple and Pecan (sugar free) 350g Rolla Granola Zesty caveman (sugar free) 300g Infinity Gluten Free Berry Flakes 275g Eggs to Apples Coffee Filter/Cafetiere/beans/Espresso 250g Tea Direct 80 tea bags Joe's Tea Earl Grey 15 bags Pukka Tea Lemon, Ginger and Manuka 20 bags Pukka Tea Lemon, Mint Refresh 20 bags Pukka Tea Lemon, Revitalise 20 bags Pukka Tea Lemon, Revitalise 20 bags Pukka Tea Lemon, Revitalise 20 bags Fever Tree Indian tonic water 500ml Fever Tree light Indian tonic water 500ml Equation Elderflower cordial Fever Tree light Indian tonic water 500ml Fentimans Ginger beer 750ml Eags To Apples Apple Juice 75cl Pip Juices box of 4x180ml Apple Folkingtons Cans Lemon & mint / elderflower/rhubarb & apple 250ml BAKING Wessex Mill Plain Flour 1.5 kg Doves Baking Powder 130g Doves Baking Powder 130g Doves Gluten Free Plain White Flour 1kg Doves Spelt Wholemeal 1kg £2.85  | Infinity Super Museli 1kg                                 | £5.30 |     |
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| ### HOT DRINKS PRICE QTY  Eggs to Apples Coffee Filter/Cafetiere/beans/Espresso 250g  |   | £5.75 |     |
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| Hot Chocolate Divine 400g  SOFT DRINKS  PRICE  PRICE  QTY  Fever Tree Indian tonic water 500ml  Fever Tree light Indian tonic water 500ml  Fentimans Ginger beer 750ml  £3.65  Belvoir Elderflower cordial  Rocks blackcurrant squash  £3.95  Eggs To Apples Apple Juice 75cl  £2.75  Pip Juices box of 4x180ml Apple  £5.25  Pip Juices box of 4x180ml Strawberry £ Banana  Folkingtons Cans Lemon £ mint / elderflower/rhubarb £ apple 250ml  BAKING  PRICE  QTY  Wessex Mill Plain Flour 1.5 kg  £1.85  Wessex Mill Strong White Bread Flour Flour 1.5 kg  Doves Baking Powder 130g  Doves Gluten Free Plain White Flour 1kg  Doves Spelt Wholemeal 1kg  £2.85   | Pukka Tea Lemon, Mint Refresh 20 bags                     | £2.95 |     |
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| Fever Tree Indian tonic water 500ml £2.25  Fever Tree light Indian tonic water £2.25  Fentimans Ginger beer 750ml £3.65  Belvoir Elderflower cordial £4.95  Rocks blackcurrant squash £3.95  Eggs To Apples Apple Juice 75cl £2.75  Pip Juices box of 4x180ml Apple £5.25  Pip Juices box of 4x180ml Strawberry £5.25  Pip Juices box of 4x180ml Strawberry £1.25  Banana  Folkingtons Cans Lemon & mint / elderflower/rhubarb & apple 250ml  BAKING PRICE QTY  Wessex Mill Plain Flour 1.5 kg £1.85  Wessex Mill Self Raising Flour 1.5 kg £1.85  Wessex Mill Strong White Bread Flour £1.95  Doves Baking Powder 130g £1.65  Doves Corn Flour 110g £1.90  Doves Gluten Free Plain White Flour £2.30  Doves Spelt Wholemeal 1kg £2.85  | Hot Chocolate Divine 400g                                 | £4.75 |     |
| Fever Tree light Indian tonic water 500ml  Fentimans Ginger beer 750ml £3.65  Belvoir Elderflower cordial £4.95  Rocks blackcurrant squash £3.95  Eggs To Apples Apple Juice 75cl £2.75  Pip Juices box of 4x180ml Apple £5.25  Pip Juices box of 4x180ml Strawberry £5.25  Pip Juices box of 4x180ml Strawberry £5.25  Pip Juices box of 4x180ml Strawberry £5.25  Bahana Folkingtons Cans Lemon & mint / elderflower/rhubarb & apple 250ml  BAKING PRICE QTY  Wessex Mill Plain Flour 1.5 kg £1.85  Wessex Mill Self Raising Flour 1.5 kg £1.85  Wessex Mill Strong White Bread Flour £1.95  Doves Baking Powder 130g £1.65  Doves Corn Flour 110g £1.90  Doves Bicarb of Soda 200g £1.65  Doves Gluten Free Plain White Flour £2.30  Doves Spelt Wholemeal 1kg £2.85   | SOFT DRINKS   | PRICE | QTY |
| Fentimans Ginger beer 750ml  Fentimans Ginger beer 750ml  £3.65  Belvoir Elderflower cordial  £4.95  Rocks blackcurrant squash  £3.95  Eggs To Apples Apple Juice 75cl  £2.75  Pip Juices box of 4x180ml Apple  £5.25  Pip Juices box of 4x180ml Strawberry  £ Banana  Folkingtons Cans Lemon & mint / elderflower/rhubarb & apple 250ml  BAKING  PRICE  QTY  Wessex Mill Plain Flour 1.5 kg  £1.85  Wessex Mill Self Raising Flour 1.5 kg  £1.85  Wessex Mill Strong White Bread Flour Flour 1.5 kg  Doves Baking Powder 130g  £1.65  Doves Corn Flour 110g  £1.90  Doves Gluten Free Plain White Flour 1kg  Doves Spelt Wholemeal 1kg  £2.85  | Fever Tree Indian tonic water 500ml                       | £2.25 |     |
| Belvoir Elderflower cordial  Rocks blackcurrant squash  Eggs To Apples Apple Juice 75cl  £2.75  Pip Juices box of 4x180ml Apple  £5.25  Pip Juices box of 4x180ml Strawberry  £ Banana  Folkingtons Cans Lemon & mint / elderflower/rhubarb & apple 250ml  BAKING  PRICE  QTY  Wessex Mill Plain Flour 1.5 kg  £1.85  Wessex Mill Self Raising Flour 1.5 kg  £1.85  Wessex Mill Strong White Bread Flour Flour 1.5 kg  Doves Baking Powder 130g  £1.65  Doves Corn Flour 110g  £1.90  Doves Gluten Free Plain White Flour 1kg  Doves Spelt Wholemeal 1kg  £2.85   | _   | £2.25 |     |
| Rocks blackcurrant squash £3.95  Eggs To Apples Apple Juice 75cl £2.75  Pip Juices box of 4x180ml Apple £5.25  Pip Juices box of 4x180ml Strawberry £5.25  Banana Folkingtons Cans Lemon & mint / elderflower/rhubarb & apple 250ml  BAKING  PRICE  QTY  Wessex Mill Plain Flour 1.5 kg £1.85  Wessex Mill Self Raising Flour 1.5 kg £1.85  Wessex Mill Strong White Bread Flour £1.95  Doves Baking Powder 130g £1.65  Doves Corn Flour 110g £1.90  Doves Bicarb of Soda 200g £1.65  Doves Gluten Free Plain White Flour £2.30  Doves Spelt Wholemeal 1kg £2.85  | Fentimans Ginger beer 750ml                               | £3.65 |     |
| Eggs To Apples Apple Juice 75cl £2.75  Pip Juices box of 4x180ml Apple £5.25  Pip Juices box of 4x180ml Strawberry £5.25  Pip Juices box of 4x180ml Strawberry £5.25  Folkingtons Cans Lemon & mint / elderflower/rhubarb & apple 250ml  BAKING PRICE QTY  Wessex Mill Plain Flour 1.5 kg £1.85  Wessex Mill Self Raising Flour 1.5 kg £1.85  Wessex Mill Strong White Bread Flour £1.95  Doves Baking Powder 130g £1.65  Doves Corn Flour 110g £1.90  Doves Bicarb of Soda 200g £1.65  Doves Gluten Free Plain White Flour 1kg  Doves Spelt Wholemeal 1kg £2.85  | Belvoir Elderflower cordial                               | £4.95 |     |
| Pip Juices box of 4x180ml Apple £5.25  Pip Juices box of 4x180ml Strawberry £5.25  Banana  Folkingtons Cans Lemon & mint / elderflower/rhubarb & apple 250ml  BAKING  PRICE QTY  Wessex Mill Plain Flour 1.5 kg £1.85  Wessex Mill Self Raising Flour 1.5 kg £1.85  Wessex Mill Strong White Bread Flour £1.95  Doves Baking Powder 130g £1.65  Doves Corn Flour 110g £1.90  Doves Bicarb of Soda 200g £1.65  Doves Gluten Free Plain White Flour £2.30  Doves Spelt Wholemeal 1kg £2.85  | Rocks blackcurrant squash                                 | £3.95 |     |
| Pip Juices box of 4x180ml Strawberry & Banana Folkingtons Cans Lemon & mint / elderflower/rhubarb & apple 250ml  BAKING PRICE QTY  Wessex Mill Plain Flour 1.5 kg £1.85  Wessex Mill Self Raising Flour 1.5 kg £1.85  Wessex Mill Strong White Bread Flour £1.95  Doves Baking Powder 130g £1.65  Doves Corn Flour 110g £1.90  Doves Bicarb of Soda 200g £1.65  Doves Gluten Free Plain White Flour £2.30  Doves Spelt Wholemeal 1kg £2.85  | Eggs To Apples Apple Juice 75cl                           | £2.75 |     |
| & Banana  Folkingtons Cans Lemon & mint / elderflower/rhubarb & apple 250ml  BAKING  Wessex Mill Plain Flour 1.5 kg £1.85  Wessex Mill Self Raising Flour 1.5 kg £1.85  Wessex Mill Strong White Bread Flour £1.95  Doves Baking Powder 130g £1.65  Doves Corn Flour 110g £1.90  Doves Bicarb of Soda 200g £1.65  Doves Gluten Free Plain White Flour £2.30  Doves Spelt Wholemeal 1kg £2.85  |   | £5.25 |     |
| elderflower/rhubarb & apple 250ml  BAKING  PRICE  QTY  Wessex Mill Plain Flour 1.5 kg £1.85  Wessex Mill Self Raising Flour 1.5 kg £1.85  Wessex Mill Strong White Bread Flour £1.95  Doves Baking Powder 130g £1.65  Doves Corn Flour 110g £1.90  Doves Bicarb of Soda 200g £1.65  Doves Gluten Free Plain White Flour 1kg  Doves Spelt Wholemeal 1kg £2.85  | & Banana  | £5.25 |     |
| Wessex Mill Plain Flour 1.5 kg £1.85  Wessex Mill Self Raising Flour 1.5 kg £1.85  Wessex Mill Strong White Bread Flour £1.95  Doves Baking Powder 130g £1.65  Doves Corn Flour 110g £1.90  Doves Bicarb of Soda 200g £1.65  Doves Gluten Free Plain White Flour £2.30  Doves Spelt Wholemeal 1kg £2.85   |   | £1.25 |     |
| Wessex Mill Self Raising Flour 1.5 kg £1.85  Wessex Mill Strong White Bread Flour £1.95  Doves Baking Powder 130g £1.65  Doves Corn Flour 110g £1.90  Doves Bicarb of Soda 200g £1.65  Doves Gluten Free Plain White Flour 1kg  Doves Spelt Wholemeal 1kg £2.85   | BAKING  | PRICE | QTY |
| Wessex Mill Strong White Bread Flour flour 1.5 kg  Doves Baking Powder 130g f1.65  Doves Corn Flour 110g f1.90  Doves Bicarb of Soda 200g f1.65  Doves Gluten Free Plain White Flour fkg  Doves Spelt Wholemeal 1kg f2.85   | Wessex Mill Plain Flour 1.5 kg                            | £1.85 |     |
| Flour 1.5 kg  Doves Baking Powder 130g  £1.65  Doves Corn Flour 110g  Doves Bicarb of Soda 200g  Doves Gluten Free Plain White Flour 1kg  Doves Spelt Wholemeal 1kg  £2.85  |   | £1.85 |     |
| Doves Corn Flour 110g £1.90  Doves Bicarb of Soda 200g £1.65  Doves Gluten Free Plain White Flour £2.30  Doves Spelt Wholemeal 1kg £2.85  | _   | £1.95 |     |
| Doves Bicarb of Soda 200g £1.65  Doves Gluten Free Plain White Flour £2.30  Doves Spelt Wholemeal 1kg £2.85   | Doves Baking Powder 130g                                  | £1.65 |     |
| Doves Gluten Free Plain White Flour 1kg  Doves Spelt Wholemeal 1kg  £2.30   | Doves Corn Flour 110g                                     | £1.90 |     |
| 1kg £2.30  Doves Spelt Wholemeal 1kg £2.85  |   | £1.65 |     |
|   |   | £2.30 |     |
| Dried Veset 50g   | Doves Spelt Wholemeal 1kg                                 | £2.85 |     |
| Direct reast 30g £2.93  | Dried Yeast 50g   | £2.95 |     |

| ALFRESCO DINING   | PRICE     | QTY     |
|---|-----------|---------|
| DON'T FORGET TO CHECK OUT OUR PICNIC H                                | AMPERS ON | PAGE 4! |
| Me Too Houmous 250g   | £2.40     |         |
| House creamy classic coleslaw 250g                                    | £3.00     |         |
| House Asian Spicy coleslaw 250g                                       | £3.00     |         |
| Cream cheese tub, 200g  | £2.50     |         |
| Sour Cream tub, 200g  | £1.99     |         |
| Duck Pate, 120g   | £3.25     |         |
| Asparagus pate, V, VG 120g  | £3.25     |         |
| Chicken liver pate with pork & brandy 120g                            | £3.25     |         |
| Free range Moons Green marmalade ham sliced, approx 250g              | £5.50     |         |
| Free range Moons Green pepperoni<br>sliced 100q                       | £3.75     |         |
| Free range Moons Green fennel saucisson 100g                          | £3.75     |         |
| Free range Moons Green rosemary & garlic saucisson 100g               | £3.75     |         |
| Adlington Sliced roast beef 125g                                      | £4.10     |         |
| Adlington Sliced smoked turkey 125g                                   | £3.85     |         |
| Hand raised pork pie (serves 2)                                       | £5.50     |         |
| Large hand made classic or veggie scotch egg (each)                   | £3.25     |         |
| Fresh Quiche Lorraine (serves 4)                                      | £6.95     |         |
| Weald Smokery smoked salmon<br>(Approx.100g)                          | £6.25     |         |
| Brindisa Gazpacho 11tr  | £4.25     |         |
| Greek salad with orzo 250g<br>(min 2 day shelf life)                  | £3.25     |         |
| Cauliflower & chickpea salad V, VG<br>250g (min 2 day shelf life)     | £3.25     |         |
| Potato & chorizo salad 250g<br>(min 2 day shelf life)                 | £3.25     |         |
| Roasted vegetable couscous salad 250g<br>V, VG (min 2 day shelf life) | £3.25     |         |
|   |           |         |

| FISH & MEAT   | PRICE      | QTY |
|---|------------|-----|
| DON'T FORGET TO CHECK OUT OUR BBQ HAMP                              | ER ON PAGE | 4!  |
| F/Range marinated 1/2 chicken with mediterranean herbs or piri piri | £8.00      |     |
| F/Range marinated drumsticks with mediterranean herbs or piri piri  | £3.00      |     |
| Garlic Wood Farm steak mince approx 500g                            | £5.00      |     |
| Garlic Wood Farm steak burgers pack of 2                            | £4.00      |     |
| Free range back bacon, smoked or unsmoked, approx.200g/4 rashers    | £4.25      |     |
| Whole Free Range chicken  | £14.00     |     |
| Free Range chicken breasts x 2                                      | £7.25      |     |
| Free range Chicken thighs x 4                                       | £6.25      |     |
| Garlic Wood Farm Sussex Sausages,<br>free range, 375g approx.       | £4.00      |     |
| Garlic Wood Farm free range pork chipolatas, approx 350g            | £4.00      |     |
| Fresh Fish Cakes (4 per pack)                                       | £6.95      |     |
| Cod (2 fillets)   | £6.99      |     |
| Smoked Haddock (2 fillets)  | £6.95      |     |
| Sea Bass (2 Fillets)  | £6.85      |     |
| Loch Duart Salmon (2 Fillets)                                       | £8.50      |     |

| STORE CUPBOARD  | PRICE  | QTY |
|---|--------|-----|
| Paynes runny honey 340g jar   | £7.50  |     |
| Sussex Valley ceasar dressing 240g  | £3.75  |     |
| Sussex Valley Ionian vinaigrette 230g   | £3.45  |     |
| Olive Oil 500ml   | £13.95 |     |
| Sunflower Oil 1 litre   | £2.95  |     |
| Sussex Valley Classic mayo  | £3.25  |     |
| Penne Pasta 500g  | £1.50  |     |
| Spaghetti 500g  | £1.75  |     |
| Seggiano Arrabbiata pasta sauce 350g  | £2.95  |     |
| Seggiano Basil pasta sauce 350g   | £2.95  |     |
| Seggiano Marinara pasta sauce 350g  | £2.95  |     |
| Seggiano Puttanesca pasta sauce 350g  | £2.95  |     |
| Seggiano Basil Pesto 200g (vegan)   | £6.25  |     |
| Infinity Arborio Rice 500g  | £2.35  |     |
| Infinity Basmati rice 500g  | £2.60  |     |
| Infinity Wild Rice mix £3.20  | £3.20  |     |
| Infinity Cous Cous 450g   | £1.60  |     |
| Al Fez Morrocan Spiced Couscous 200g  | £1.75  |     |
| Mutti Chopped tomatoes 400g   | £1.20  |     |
| Mutti Passata 700g jar  | £2.15  |     |
| Mutti Tomato Puree 135g   | £1.35  |     |
| La Bio Idea kidney beans 400g   | £1.25  |     |
| La Bio Idea butter beans 400g   | £1.25  |     |
| La Bio Idea cannellini beans 400g   | £1.25  |     |
| La Bio Idea chick peas 400g   | £1.25  |     |
| Kallo organic stock cubes 60g Beef  | £2.25  |     |
| Kallo organic stock cubes 60g Chicken   | £2.25  |     |
| Kallo organic stock cubes 60g<br>Vegetble   | £2.25  |     |
| HOUSEHOLD ESSENTIALS  | PRICE  | QTY |
| Ecover Concentrated bio laundry detergent 1.51  | £9.50  |     |
| Ecover multi action spray 500ml   | £3.40  |     |
| Ecover washing up liquid lemon & aloe 450ml   | £2.40  |     |
| Ecover Zero hand wash 250ml   | £3.50  |     |
| Black bin liners 50% recycled,<br>8/roll.   | £1.75  |     |
| Compostable food waste bags 43x39cm, 30/pack  | £5.50  |     |
| Compostable Tall kitchen bags<br>61x64.5cm 12/pack  | £5.50  |     |
| Compostable Sponge cloths, 100%   | £4.50  |     |
|   |        |     |
| natural. 5/pack. Machine washable Ecoleaf recycled kitchen towels, 2/pack   | £2.00  |     |
| natural. 5/pack. Machine washable Ecoleaf recycled kitchen towels, 2/pack Compostable unbleached Parchment  | £2.00  |     |
| natural. 5/pack. Machine washable Ecoleaf recycled kitchen towels, 2/pack   |        |     |
| natural. 5/pack. Machine washable Ecoleaf recycled kitchen towels, 2/pack Compostable unbleached Parchment baking paper 19.8m x 33cm Aluminium kitchen foil 100% recycled | £4.75  |     |

| FROZEN  | PRICE  | QTY |
|---|--------|-----|
| Simply Ice Cream strawberry Vanilla/Chocolate/Honeycomb 500ml | £5.75  |     |
| Frozen Peas 600g  | £3.15  |     |
| Good Life Mushrooom and Spinach Kiev<br>250g                  | £3.50  |     |
| Good Life Falafel 280g (vegan)                                | £2.59  |     |
| Good Life Parsnip, Carrot & Nut<br>burgers 320g (vegan)       | £2.59  |     |
| Strong Roots Sweet Potato Fries 500g                          | £3.99  |     |
| Strong Roots Proper Chips 500g                                | £3.99  |     |
| BOOZE   | PRICE  | QTY |
| Expression Du Terroir Sauvignon Blanc                         | £9.95  |     |
| Chapel Down Flint Dry 75cl                                    | £15.50 |     |
| Chapel Down English Rose 75cl                                 | £15.50 |     |
| Terre de Mistral Cote du Rhone 75cl                           | £11.50 |     |
| Italian Tommolo Montepulciano 75cl (organic)                  | £13.25 |     |
| Moulin de Gassac Languedoc Rose 75cl                          | £10.50 |     |
| Prosecco Frizzante Ville Darfanta                             | £11.50 |     |
| Oxney Classic English Sparkling 75cl                          | £35.00 |     |
| Oxney N/V English Sparkling 75cl                              | £26.50 |     |
| Oxney English Sparkling Cider 75cl                            | £15.95 |     |
| Hastings 1066 Gin 70cl  | £42.50 |     |
| Curious Brew 330ml  | £2.25  |     |
| Curious IPA 330ml   | £2.25  |     |
| Long Man Long Blonde 500ml                                    | £2.75  |     |
| Long Man Best Bitter 500ml                                    | £2.85  |     |
| Long Man American Pale Ale 500ml                              | £2.95  |     |
| Gun Brewery Numb Angel Lager 330ml                            | £2.40  |     |
| Gun Brewery Scaramanga 330ml<br>(Vegan/GF)                    | £2.65  |     |
| Turners Medium / Elderflower /<br>Rhubarb Cider 500ml         | £3.75  |     |
| TREATS  | PRICE  | QTY |
| Brown Bag Crisps 120g Salted/Salt&Vinegar/Cheese&Onion        | £2.25  |     |
| Eat Real Hummus Crips Tom&Basil 135g                          | £2.30  |     |
| Eat Real Lentil Crisps Chilli&Lemon                           | £2.30  |     |
| Moon's Green Beer Sticks, approx 6 sticks per pack            | £4.95  |     |
| Brindisa Salted Marcona Almonds 150g                          | £5.25  |     |
| Perello Olives Gordal 150g                                    | £2.25  |     |
| Sarah Hall Gluten Free Brownies, pack of 4                    | £5.95  |     |
| Sarah Hall Home Made Flapjack<br>squares, approx.12/pack      | £2.25  |     |
| Sarah Hall Home Made lemon drizzle 11b loaf cake              | £4.50  |     |
| Zingiberri Oat Gluten Free cookies<br>240g                    | £3.25  |     |
| Zingiberri Oat & Raisin cookies 240g                          | £3.25  |     |
| CHOCOLATE   | PRICE  | QTY |
| Cocoba Raspberry Truffles 175g                                | £6.95  |     |
| Cocoa Loco Organic Chocolate buttons                          | £2.20  |     |
| Montezumas Milk Chocolate Bar 100g                            | £2.95  |     |
| Montezumas Dark Chocolate Bar 100g                            | £2.95  |     |
| Om Bar 72 % (dairy free) 35g                                  | £2.25  |     |
|   |        |     |

### FOODIE HAMPERS FOR PICNICS BBQ'S & ALFRESCO DINING

| PICNIC BOX FOR TWO   | PRICE | QTY |
|--|-------|-----|
| A square quiche lorraine, 1 classic scotch egg, sussex charmer 200g, a sussex flute, cherry vine tomatoes, Hastings ale chutney & a handful of mixed salad leaves. | £18   |     |

| VEGETARIAN PICNIC BOX FOR TWO  | PRICE | QTY |
|--|-------|-----|
| A square vegetable & feta quiche, 1 vegetabularian scotch egg, a wedge of sussex brie, a sussex flute, cherry vine tomatoes, Hastings ale chutney & a handful of mixed salad leaves. | £18   |     |

| VEGAN PICNIC BOX FOR TWO  | PRICE | QTY |
|---|-------|-----|
| A square quiche lorraine, 1 classic scotch egg, sussex charmer cheese 200G, a sussex flute, cherry vine tomatoes, Hastings ale chutney & a handful of mixed salad leaves. | £18   |     |

| ETON MESS DESSERT BUNDLE  | PRICE | QTY |
|---|-------|-----|
| 4 Sarah Hall squidgey meringues, 1 large hinxden double cream, a punnet of English strawberries | £9    |     |

| вво вох  | PRICE | QTY |
|--|-------|-----|
| 4 Salt & pepper steak burgers, with Mayfield Swiss cheese for melting. 5 Caramelised onion & balsamic sausages. Greek salad with orzo 250g. House coleslaw 250g. Sussex flute. 4 burger buns. 2 corn on the cob. | £30   |     |

| BREAKFAST HAMPER   | PRICE | QTY |
|--|-------|-----|
| 1 pack of Garlic Wood Farm free range<br>bacon, 1/2 dozen free range eggs,<br>large sliced white brown or granary<br>loaf, 1 box Rolla Granola, large pot<br>of Hinxden natural yogurt, seasonal<br>fruit, large bottle of local apple<br>juice, a pack of butter & a jar of<br>local jam or marmalade | £30   |     |

| LOCAL HERO CHEESE BOX   | PRICE | QTY |
|---|-------|-----|
| Local Hero Cheese Box. Mayfield Swiss<br>250g, Brighton Blue 200g, Burwash<br>Rose 200g, Sussex Brie 200g, Old<br>Sussex 200g. 2 packs captains<br>crackers. Ouse Valley chutney. | £40   |     |

| NIBBLE BOX  | PRICE | QTY |
|---|-------|-----|
| 1 pot silver & green Nocerella olives, a large bag of brown bag salted crisps, 1 box Seggiano grissini, 1 pot Me Too houmous, 1 pot tzatziki. | £15   |     |

| MAKE SOMEONE SMILE EGGS TO APPLES GIFT BOX  | PRICE | QTY |
|---|-------|-----|
| Give someone a box of goodies to make<br>them smile. Eggs To Apples Apple<br>juice. Joes Tea Bags. Zingiberri<br>cookies. Cocoba Truffles. A punnet of<br>English strawberries. In a cellophane<br>wrapped tray with a gift card. | £25   |     |

| ADD ANY EXTRAS BELOW & WE'LL DO OUR BEST TO FIND THEM FOR YOU. |     |     |
|--|-----|-----|
| WE OFFER A BROAD RANGE OF OTHER ITEMS NOT LISTED ABOVE         |     |     |
|  | QTY | QTY |
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