

# EGGS TO APPLES

FARM SHOP

# M E N U

We are proud that our menu features many producers based within a 20-mile radius from our shop. A few of our hero suppliers are Hinxden Farm Dairy (5 miles), Moons Green Charcuterie (16 miles), Fresh Dough Bakery (13 miles), Alsop & Walker (11 miles), Weald Smokery (3 miles), Park Farm Butchers (3 miles)

Please order at the deli counter where you will be given a numbered wooden spoon. Place the spoon in the wooden block on your table so we can find you when your food is ready.

Our full menu is served all day until 4pm (Sunday 3pm)

All bread can be substituted for GLUTEN FREE option.

## Pastries and Breakfast (See our counter for daily and seasonal specials)

|  |             |
|--|-------------|
| All Butter Croissant / with jam and butter | £2.50/£3.50 |
| Almond Croissant                           | £3.50       |
| Hazelnut Croissant                         | £3.50       |

|  |                                      |       |
|--|--------------------------------------|-------|
| <b>Toast.</b> Sussex Kitchen Sourdough toast | With butter and jam OR Marmalade (V) | £2.50 |
|  | With peanut butter (VG)              |       |

**Yoghurt and Granola.** Local Natural Yoghurt, granola, blueberries, honey(V) £4.95

**Chocolate and Banana Toastie.** Chocolate spread and banana on farmhouse loaf £3.95

**Avocado on Toast.** Sourdough with cherry tomatoes, shallots, and mixed seeds (VG) £8.95

**Sussex Sausage Ciabatta.** Free range Sussex sausages with red onion marmalade and Sussex Charmer cheese. Limited availability so order quick before they're all gone! £7.95

## Sandwiches. All served with dressed Rocket leaves

**Toasted Reuben.** Pastrami, classic dressing, Mayfield Swiss cheese, and sauerkraut on rye and caraway £8.95

**Classic Cheese Sandwich.** Pitchfork Cheddar on a Rye bakery granary loaf(V) £6.95

Add: Kimchi or Free-Range Ham £1.00

Add: Fresh Tomatoes or Red Onion Marmalade £0.50

**Falafel and Chipotle Mayo.** With kimchi on sourdough (VG) £7.95

**Brie, Prosciutto Crudo and fresh Figs on Toast.** With a drizzle of honey on sourdough £7.95

## Small Plates

**Black Beans in Tomato Sauce with Brazilian Spices.** Topped with sour cream and guacamole with a side of tortilla crisps for dipping and scooping (GF) (V) £7.95

**Weald Smoked Salmon Pâté.** With rye and caraway toast, cornichons, and lemon wedges £6.95

**Locally Baked Savoury Tart.** Served with a choice of two salads from the deli £12.75

**Trio salad bowl.** Dressed leafy greens with two seasonal salads (V) £6.95

## Kids

**Lunch Box.** Cheese or ham roll, local fruit yoghurt, an apple, and Pom Bear crisps £5.95

## Hand Made Scotch Eggs

Served with crisps and house coleslaw or a portion of seasonal salad £7.95

**Classic.** Pork with light seasoning

**Vegetabularian.** Made with chickpeas, cheese, and sun-dried tomatoes(V)

**Millie.** Pork with apple and black pepper (GF)

**Corra.** The vegan Scotch Egg Impersonator (VG)

**Smokie Joe.** A Subtle combination of free-range pork and smoked bacon

## Savoury Pastries

Sausage Roll or Veggie Roll(V) £3.95

Steak Pasty £5.25

Cheese and Onion Pasty(V) or Roasted Veg Pasty (VG) £5.25

Add: House coleslaw and crisps or a portion of seasonal salad from the deli £2.50/£2.75

## Cake and Bakes (vegan and gluten free options available)

Showstopper cake £4.00 Giant Fruit or Cheese scone with butter £4.00

Brownie/Millionaire (GF) £2.50 Giant Fruit scone with Jam and Cream £5.00

Traybake of the day £3.00 Wild Garlic Scone warm with butter £4.50

**Allergies and Dietary Requirements:** Please let us know before you order if you have any food allergies or special dietary requirements. We cannot guarantee that our food does not contain traces of nuts, seeds, or other allergens.

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## COFFEE AND DRINKS

### Coffee

|                          | Small | Large         |
|--------------------------|-------|---------------|
| Americano                |       | £2.70 / £2.90 |
| Cappuccino               |       | £3.10 / £3.50 |
| Latte                    |       | £3.10 / £3.50 |
| Flat White               |       | £3.25         |
| Mocha                    |       | £3.30 / £3.80 |
| Cortado                  |       | £3.10         |
| Macchiato                |       | £2.90         |
| Espresso                 |       | £2.40 / £2.80 |
| Turmeric Latte           |       | £3.50 / £4.00 |
| Chai Latte               |       | £3.40 / £3.80 |
| Hot chocolate            |       | £3.10 / £3.50 |
| Add marshmallows & cream |       | £3.50 / £4.00 |

### **Tea**

|  |       |
|--|-------|
| English breakfast   Earl grey   Peppermint   Green   Chamomile   Red berry   Rooibos | £2.80 |
|--|-------|

### Extras

|  |              |
|--|--------------|
| Espresso shot                                    | £0.70        |
| Syrups   | £0.70        |
| Babycino   | £1.30        |
| Milk alternatives. Soya   Almond   Oat   Coconut | £0.45 / 0.60 |

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### Soft Drinks

|   |       |
|---|-------|
| <b>Dalstons naturally sugar free Sparkling Soda 330ml</b> | £2.50 |
|---|-------|

Elderflower  
Rhubarb  
Ginger Beer  
Cherry  
Lemonade  
Peach

|   |       |
|---|-------|
| <b>Fentimans Botanically Brewed 275ml</b> | £3.25 |
|---|-------|

Curiosity Cola  
Rose Lemonade  
Dandelion and Burdock  
Ginger Beer

|                                     |       |
|-------------------------------------|-------|
| <b>ColdPress Orange Juice 250ml</b> | £3.00 |
|-------------------------------------|-------|

|                                |       |
|--------------------------------|-------|
| <b>Owlets Kent Juice 250ml</b> | £2.60 |
|--------------------------------|-------|

Apple or pear

|  |       |
|--|-------|
| <b>Shaken Udder strawberry or chocolate milk</b> | £1.75 |
|--|-------|

|  |       |
|--|-------|
| <b>Sparkling or Still Water in a Can 330ml</b> | £1.75 |
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|   |       |
|---|-------|
| <b>Kingsdown Sparkling or Still Water, Glass Bottle 750ml</b> | £2.95 |
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|                                      |       |
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| <b>Kids Pip Organic Juices 180ml</b> | £2.65 |
|--------------------------------------|-------|

Cloudy Apple/Strawberry and Blackcurrant

|                            |       |
|----------------------------|-------|
| <b>Superfood Smoothies</b> | £5.00 |
|----------------------------|-------|

Energy - Banana, Strawberries, Blueberries, Raspberries, Blackcurrant, Spinach, Maca, Chia Seed, Cacao, Guarana and Apple Juice

Vitality - Pineapple, Mango, Banana, Papaya, Ginger, Flax Seed, Goji Berries, Baobab, Sunflower Seed, Pumpkin Seed and Apple Juice

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All our wines and beers from the cellar are available to order in the café with a corkage charge. £5 for a bottle of wine & £1.50 for single serve wines and beers. Soft drinks not featured on our menu are charged £1 corkage each.